



# QUARTERLY NEWSLETTER

SUMMER 2016

## *A Healthy Place to Live*

A number of scientific studies indicate that blue and green spaces can be beneficial to physical and mental health.

Studies have shown that having plants in a hospital environment can actually help patients achieve better health outcomes. Even the simple act of looking at pictures of greenery can help speed up recovery from stress.

In June 2015, a study from Stanford University found that taking walks in nature aided people's emotional health. When participants took a 90-minute-long walk in a natural setting versus in a city setting, compared to the city walk, the nature stroll decreased participants' reports of rumination—a type of repeated brooding over negative thoughts or events that is linked to an increased risk of developing depression. Another reason to enjoy Woodscape's natural setting!

## *Coyote Sighting*

Please be aware that we have had sightings of coyotes on the property. Although it is not common to come across a coyote, it is not uncommon that they are found in urban areas. Coyote attacks on humans are very rare, but there are a few things you can do to stay safe. Some of those things include not letting your pets outside, keeping garbage cans in the garage, not leaving food on patios or decks, keeping garage doors closed, and staying on paths. You can visit [humanesociety.org](http://humanesociety.org) for advice on what to do if you come across a coyote.

Also, please be aware that we have seen ticks on the property this year.

## *Resident Referral Incentive - \$200 Rent Credit*

Life is so much more enjoyable when you live next door to a friend. That is why we like to reward you for bringing your friends, family, or co-workers to Woodscape Glen!

Limitations do apply. You must notify us of your referral before your friend's move-in date or have the applicant state their referral on their rental application. Contact Nicole in our office for more information.



## *A Sweet Slice of Summer*

A sweet slice of summer,  
On a hot afternoon,

The perfect treat to eat  
outside,

You don't even need a  
spoon.

As you take a big old bite,

Feel the juice begin to  
run,

Be careful not to eat the  
seeds,

You spit those out, for fun!

A slice of watermelon,  
Just can't be beat,

It is the taste of summer,  
Juicy and sweet!

Author: Patti Weigel

4985 Battle Creek Rd., SE, #200 | Salem, OR 97302

p 503-585-8789 f 503-363-2358

Hours: Mon-Thurs 8-5 and Fri 8-4:30 (Lunch from noon-1:00)

## Fire Safety

Woodscape Glen will soon have fire extinguishers mounted throughout the community. And since we are well into barbeque season, it is never too late to talk about fire safety. Even if you have used your gas grill recently, it is good practice to check the connections regularly to make sure gas is not leaking. Using a brush, apply a soapy solution made of one part dish liquid and one part water to the tank connection. If the solution bubbles, you have a leak that needs repair. And keep the grills clean by removing grease or fat build-up from the grills and trays below the grill.

But grills are not the only culprit of summer fires. Be aware of items that have been left out in the sun. Can the item explode or combust if it gets too hot? And let's not forget about the 4th of July favorite, fireworks! Please remember that fireworks are not allowed on the property at any time.

## Maintenance

Woodscape Glen exterior window washing is scheduled for July 11th through the 19th. We will distribute door hangers on Friday the 8th as a reminder. Please make sure your patio furniture and plants are not blocking access to the windows. Also, don't forget to close your blinds to maintain privacy.

## Mahonia Vineyard

We are continuing the sale on our 2012 Pinot Gris @ \$6.99 a bottle! And now, we are including our 2013 Rosé, also @ \$6.99 a bottle! Rosé is a light & refreshing summer wine made from Pinot Noir grapes. Both Rosé and Pinot Gris are great for a summertime Sangria!

Woodscape Glen community members receive a 10% discount on all regular priced wine



*Mahonia Vineyard*

purchased in the main office. [Sign up](#) for the Cellar Club today!

Subscribe to our Mahonia newsletter [here](#).

Woodscape Glen is part of the Wildwood/Mahonia family of companies.